



Synergy

2019-20

We Offer Expertise, Because We Care....

CAYMET'S

SIDDHANT COLLEGE OF PHARMACY, SUDUMBARE

Approved by PCI, AICTE, New Delhi and Affiliated to Savitribai Phule Pune University

NAAC ACCREDITED

A/P Sudumbare, Talegaon –Chakan Road, Tal:Maval, Dist: Pune -412109



|| ज्ञानं सर्वार्थं साधनम् ||

COLLEGE INTRODUCTION



Siddhant Group of Institution's Siddhant College of Pharmacy has been working for so many years for getting the best outcome of our students and college too...

SCOP has tried to achieve not only quantitative but also qualitative excellence inculcated a competitive spirit amongst the students. Our Institute fosters the pharmacy profession by synergizing knowledge, skills and technology to transform lives by providing differentiated health care professional and the ethical pharmacist.

Our Vision

“Siddhant College of Pharmacy will lead the way towards effective global health care by developing innovative teaching practises, advancing research and merging true entrepreneurial spirit with care and compassion”.

Our Mission

“Siddhant College of Pharmacy fosters a learning-centred, research-oriented educational environment that encourages individuals to make positive lifelong contributions to global health. We prepare professional students to provide compassionate pharmacist to society. We inspire our students through innovative problem-based learning, rich experimental program, and inter-professional collaboration. We foster a community of scholars who will further the body of knowledge in pharmaceutical, biochemical and clinical sciences. We strive to improve quality of life locally, nationally and globally”.



PHARMACIST'S OATH

I Swear by the code of ethics of Pharmacy Council of India in relation to the community and shall act as an integral part of health care team.
I shall uphold the laws and standards governing my profession.

I shall strive to perfect and enlarge my knowledge to contribute to the advancement of pharmacy and public health.

I shall follow the system, which I consider best for pharmaceutical care and counselling of patients.

I shall endeavour to discover and manufacture drugs of quality to alleviate sufferings of humanity.

I shall hold in confidence the knowledge gained about the patients in connection with professional practise and never divulge unless compelled to do so by the law.

I shall associate with organizations having their objectives for betterment of the profession of Pharmacy and make contribution to carry out the work of those organizations.

While I continue to keep this oath inviolate, may it be granted to me to enjoy life and the practise of pharmacy respect by all, at all times!

Should I trespass and violate this oath, may the reverse be my lot!



PRESIDENT'S MESSAGE



INSPIRATIONAL is possibly the only word left in my mind to portray and to describe our Institution where hard work, intelligence, devotions and commitments are recognized and worshiped. It is always an honor to welcome the students from different parts of India with completely different cultures and traditions.

CAYMET was established with great expectation and I am proud and satisfied with the development of trust by providing excellent infrastructure and quality education in stream of engineering, pharmacy, Architecture, Computer Science, business management and school education.

“family and Friendly” these are two different words which I over and over again got as an answer from my students when asked about how they feel studying in an institution which provides them different courses under one umbrella.

I greet all the students and their guardians with warm respect to experience the best facilities, support, students counselling and career services for being a better human and a competitor in the global market around the world.

My Best Wishes to the student Magazine SYNERGY 2019-2020 and warm welcome.

SHRI R. S. YADAV
Founder and President
CAYMET'S SIDDHANT GROUP OF INSTITUTION

MESSAGE FROM DEAN



CAYMET'S was established in the year 2003 with great expectation and I am proud & satisfied with the development of trust by providing excellent infrastructure & quality education in the stream of Engineering, Pharmacy, Computer Science & Business Management & Architecture.

Siddhant College of Pharmacy, Sudumbare started & took professional Shape in CAYMET Education campus in the year 2004 to the career to the co-education in the field of Pharmacy. We encourage students to achieve their full potential in careers as a pharmacist and as leaders with a global outlook. We believe quality education first & then expansion.

In the year 2005 we started Siddhant College of Engineering with full fledged infrastructure providing the student with quality resources from day one. We started Siddhant College of D. Pharmacy with an intake of 60 students in the year 2006. We also started Siddhant School of Pharmacy (For Women) in the year 2018 for women empowerment. This way I am sure that it will be a research-oriented atmosphere in the campus which will benefit all the students of this college & prepare them for better employability. It is a matter of great pride and privilege to be Dean & Technical Advisor of such an esteemed institution. In the last 16 years, we have progressed well ahead & Ill continue to do so in the future. I have no doubt that our students would attain high levels of educational & professional achievements.

I convey my best wishes to all students & hope that with an enthusiastic initiative by professors, staff of the college will surely continue on its progressive path.

My Best Wishes to the student Magazine SYNERGY 2019-2020 and warm welcome.

SHRI G. M. DESHMUKH
Dean & Technical Advisor
CAYMET'S SIDDHANT GROUP OF INSTITUTION

PRINCIPAL'S MESSAGE



Siddhant College of Pharmacy is the right choice for your important step of graduation & post-graduation education and you will never regret it. You will definitely learn the science of pharmacy & along with it you will become a trustworthy professional that nation needs. The teaching learning process at Siddhant College of Pharmacy emphasizes on personalization attention where students of all socioeconomic backgrounds feel comfortable. Students at Siddhant enjoy the process of graduation and are highly motivated. Systems are designed to encourage active involvement for developing and expressing the curious and creative minds.

Along with graduation we emphasize on development of personality and right attitude as a professional. We treat our students professionally right from day 1 and mould them to utilize their optimum potential to quench the requirement of nation. Students trained here definitely get placed and excel to their choice of future career with foundation that is set here.

We also train students for post-graduation by providing well equipped laboratories and qualified staff. We are reputed for excellent results and best placement of our students in the field of industry, marketing and research. We have excellent research facilities where we tie-up with industries. We have highly qualified team of faculty with six doctorates and others pursuing doctorates to meet the need of higher..

My Best Wishes to the student Magazine SYNERGY 2019-2020 and warm welcome.

Dr. R. K. DUMBRE
(M. Pharm, Ph. D.)
Principal
SIDDHANT COLLEGE OF PHARMACY

FROM STUDENT EDITOR'S DESK



Ms. Sonali Khengale



Mr. Abhishek Kulkarni



Mr. Harish Mandirkar

It gives an immense pleasure to place in your hands are sixth magazine named as SYNERGY 2019-20. . We whole heartily thank our principal Dr. R.K Dumbre, our HOD Dr. S.N.Deshmukh for giving us an opportunity to perform the task of magazine . We express our considerable appreciation to all the authors of the articles in this magazine. These contributions have required a generous amount of time and effort. It is this willingness to share knowledge, concerns and special insights with fellow beings that has made this magazine possible. We hope it will provide the moment of happiness and glory as the way we had while making it.

FROM EDITOR'S DESK



Mrs. Payal Pansare



Mrs. Deepali Gaikwad

It gives an immense pleasure to place in your hands are sixth magazine named as SYNERGY 2019-20. . We whole heartily thank our principal Dr. R.K Dumbre, our HOD Dr. S.N.Deshmukh for giving us an opportunity to perform the task of magazine . We express our considerable appreciation to all the authors of the articles in this magazine. These contributions have required a generous amount of time and effort. It is this willingness to share knowledge, concerns and special insights with fellow beings that has made this magazine possible. We hope it will provide the moment of happiness and glory as the way we had while making it.

TEACHING STAFF



Dr. Rahul K. Dumbre



Dr. Narendra Gowekar



Mr. Vikas Kandekar



Dr. Swati Deshmukh



Dr. Pratima Shinde



Mrs. Swati Jogdand



Mrs. Kanchan Bhalerao



Mr. Sagar Kore



Mrs. Vanita Gade



Ms. Rani Divekar



Mrs. Jyoti Kadam



Ms. Swati Kale



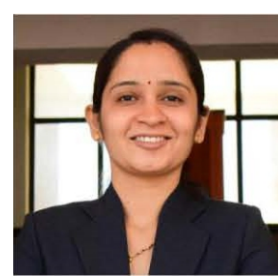
Ms. Payal Pansare



Mrs. Bhagyashree Warude



Ms. Pooja Jadhav



Ms. Deepali Gaikwad



Mrs. Swapnali Girme

NON-TEACHING STAFF



Mr. Ashok Gade



Mr. Navnath Gade



Mr. Amol Devkule



Mr. Dipak Pinjan



Mrs. Mangal Gaikwad



Mr. Sanju Mohan



Mr. Sidramappa Akashe



Mr. Satish Kale



Mr. Amit Choughule



Mrs. Reshma Bhojane



Mr. Vijay Upadhyay



Mr. Kashinath Pakhare



Mr. Rajendra Deshmukh



Mr. Sandip Chavan



Mr. Pramod Deshmukh



Mr. Mahendra Chavan



Mr. Navnath Zende



Mr. Satish Gade



Mr. Swami Shinde



Mr. Kalidas Baleghar



Mr. Santosh Shelke



Mr. Ram Gholap



Mr. Amrut Gade

STUDENT COUNCIL

The election to the Student Council 2019-'20 was held on 31st July 2019. The Council comprises:

The Student Council has been functioning under the guidance of Principal Dr. R. K.Dumbre, HOD Dr.S.N.Deshmukh and Faculty-in-charges of the Student Council. We have also had the support and guidance of all the teaching and non-teaching staff of the students for all our endeavours.

Sr.No	Name of the post	Name of the post Elected Students
1.	President	Ujwala Ramteke
2.	General Secretary (G.S)	Ganesh Awte
3.	Cultural Secretary (C.S)	Sonal Khengale
4.	Sports Secretary (S.S)	Sandesh Pachpute
5.	Lady Representative (L.R)	Ragini Mathdevru

SCOP Student Album



Fourth Year B.Pharm



Third Year B.Pharm



Second Year B.Pharm



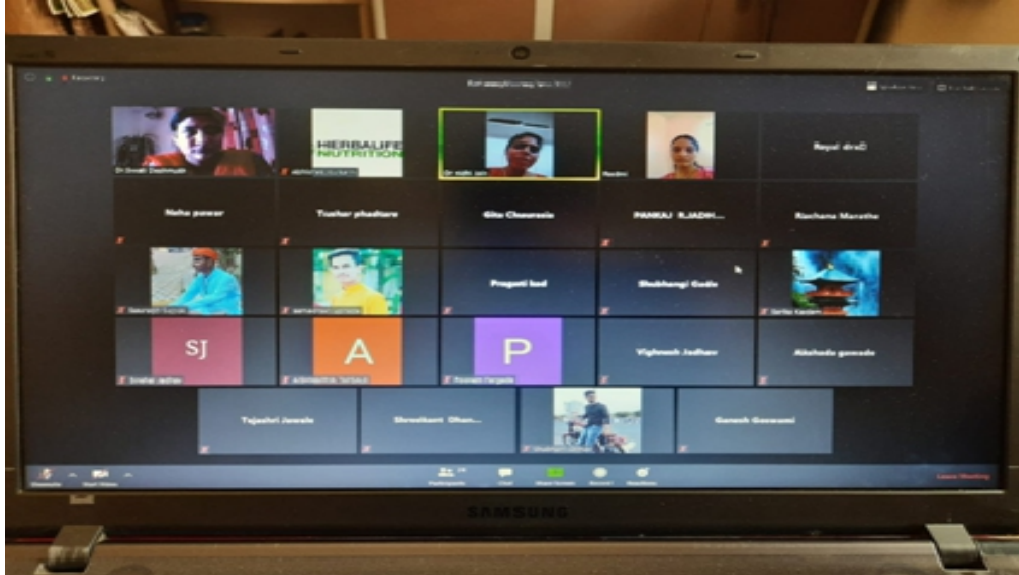
First Year B.Pharm



**Miss Sonalkhengale
Final Year B. Pharm**

Student of The Year

Scientific Event



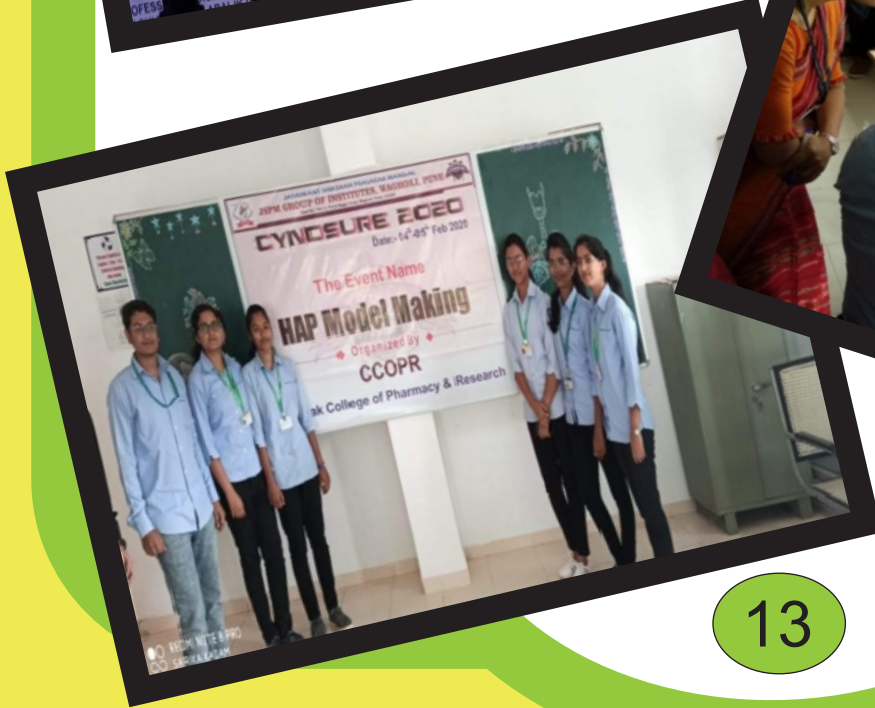
COVID-19 AWARENESS QUIZ:

The IQAC department, Scientific committee of Siddhant College of Pharmacy was organized a social COVID-19 Awareness program quiz competition on the month of May 2020 . For the purpose of creating awareness about current health issue that is corona virus infection among students and society or to the public so that they may contribute to fight against fatal disease of COVID-19. 1200 members were participated from Pharmacy and non-pharmacy.

Research Incharge

Mrs. Vanita Gade

Seminar & Poster Presentation....



2019-20

Name of Activity: 14th Avishkar

Academic Year: 2019-20

Description:

Avishkar is organized poster presentation under research scheme of SavitribaiPhule Pune University in academic year 2019-20. SPPU has given proper schedule for the Avishkar activity. Eight groups (Twenty students) from Siddhant college of Pharmacy has participated in the Avishkar competition. All Twenty students got selected in zonal level round out of 4000 students from various colleges. SPPU has organized workshop for poster competition at district level on 12 December 2019. One team is selected for University level from Siddhant college of Pharmacy. Finally 6 teams were selected for State level from UG,PG, PhD. and finally one team is selected for State level which organized in Mumbai from 28 Jan to 31Jan 2020. All these activity conducted under the guidance of Dr. Swati Deshmukh, Mrs. Swapnali Girme, Mrs. Vanita Gade and Mrs. Swati Jogdand.

Following events has been conducted under Avishkar in Siddhant college of Pharmacy, Sudumbare,Pune.

Event details:

Sr. No.	Date	Name of Competition	Name of Activity	No. of Participants
1	22/11/2019	Zonal level	Idea submission	20
2	12/01/2020	District level	Poster presentation	2
3	21/01/2020	University level	Poster presentation	2
4	28/01/2020 to 31/01/2020	State level	Poster presentation and power point presentation	1

Sr. No	Name of Sudents	Sr. No	Name of Sudents
1	Mr. Vignesh Jadhav	11	Ms. Sonali Gayakhe
2	Ms. Pragati Kad	12	Ms. Akshada Gawade
3	Ms. Snehal Jadhav	13	Ms. Rachana Marathe
4	Mr. Samadhan Uphade	14	Ms. Pooja Khade
5	Mr. Saurabh Sapkal	15	Ms. Poonam Faragade
6	Mr. PradipYadav	16	Mr. Pankaj Jadhav
7	Ms. Rakshita Lunawat	17	Mr. Sujit Shinde
8	Ms. Sarika Kadam	18	Ms. Ashwini Sukale
9	Mr. Harish Mandirkar	19	Ms. Sonal Khengale
10	Mr. Abhishek Kulkarni	20	Ms. Komal Katale



Student Achievement



CAYMET's
Siddhant College of Pharmacy, Sudumbre, Pune

Congratulations!

Graduate Pharmacy Aptitude Test (GPAT 2020)
QUALIFIED STUDENTS



Ms. Sushmita Janrao
AIR 1038



Mr. Rohit Bajgude
AIR 1618



Mr. Rushikesh Patil
AIR 2589



Mr. Akshay Machale
AIR 2815



Ms. Ujwala Ramteke
AIR 3424



Mr. Sandip Pawar
AIR 4277



Winner of state level Poster competition held at Samarth College of Pharmacy, Alephata

Our student represented Savitribai Phule pune University at state level Poster Presentation (Avishkar)



Winner of state level Poster competition held at Modern College of Pharmacy, Nigdi

Winner of DIGI Advertisement competition held at Sinhgad College of Pharmacy.



Runner of National level Poster competition held at JSPM's College of Pharmacy and Research, Wagholi.



Winner of Quiz Competition held at Samarth College of Pharmacy.



Winner of Whatsapp Quote Competition held in Pharmacy week

Topper of 2019-20



MS. SNEHALR. MUNOT
Final Year B.Pharm (2018-19)
CGPA 7.699
Topper



MS. SHEETAL B. KASHID
Third Year B.Pharm(2018-19)
SGPA 8.258
Topper

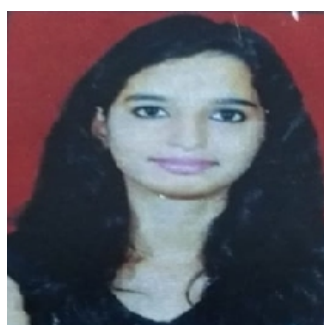


MR. VIGHNESH N. JADHAV
Second Year B.Pharm (2018-19)
SGPA 8.107
Topper



MR. AMOL AJABE
First Year B.Pharm (2018-19)
SGPA 8.414
Topper

Best outgoing student of the year 2019-20



Ms. Sonal S. Khengale
Final Year B.Pharm

INDUSTRIAL VISIT



TRAINING AND PLACEMENT

Student Placements

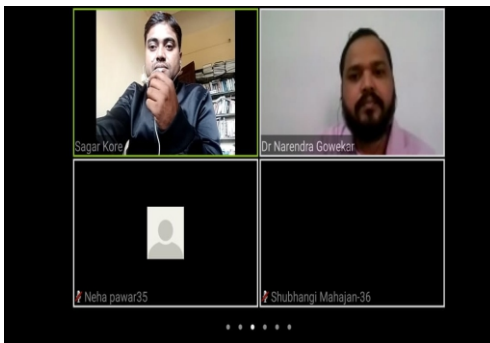
The training and placement department at SCOP strives to bridge the gap between the Institute and Industry. The department provides personal and career-oriented support to students by conducting several career-oriented workshops, soft skill training and campus recruitment training. Several companies have been visiting the college every year to tap and recruit the young talented students. There are many students who pursue higher studies and get admission into prestigious institutions in India and overseas. The objective of the training department is to train students in soft skills, develop their personality and prepare them for the corporate world and help them succeed in their respective field. Training builds the confidence of the students and improves their ability to perform their job.



Clinical Research Program And Certificate Distribution



Soft Skill Training And Felicitation Of Resource Person Mr. Prashant Sonawane



GPAT Guidance Lecture



Soft Skill Training And Felicitation Of Resource Person Mr. Prashant Sonawane

STUDENT PLACEMENTS

Placement List of the Students (2018-19)

Sr. No.	Student Name	Company Name	Department	Package
In-Campus Selection				
1	KalokheTejal	Syntel Pvt Ltd	PV	1.8 lacs/ annum
2	Kiran Thorbole	Kumar Complex Pvt Ltd	Marketing	2 lacs/ annum
3	Dashrathkhandagale	Torrento Pharmaceuticals	Marketing	2.5 lacs/ annum
4	Aishwarya Said	Episourse pharma	Medical coding	2. lacs/ annum
5	Suraj Kapse	Episourse pharma	Medical coding	2. lacs/ annum
6	Prajakta Gagre	Episourse pharma	Medical coding	2. lacs/ annum
Off-Campus Selection				
1	SnehalJadhav	Nootan college of Pharmacy	Lecturer	1.8 lacs/ annum
2	Kumbharpoonam Arun	MindspacePvt Ltd	Medical coding	1.2 Lacs/annum
3	KalokheTejal	Syntel Pvt Ltd	PV	1.8 lacs/ annum
4.	BotreAkshada	Dehugaon	Pharmacist	12000 /month
5.	GayatriWajge	Narayngaon	Pharmacist	12000 /month

ALUMNI MEET

Alumni meet was organized at the premises of Siddhant college of pharmacy intended to bring alumni of all Batches on one platform at one time. This meet started at 10 am as alumni register their name in association.

Alumni association of SCOP comprises of the members of Siddhant college of pharmacy, who have gained their education, since 2004, both in the Graduate as well as Post-graduate courses. With the virtue of bringing together the past & present, SCOP Alumni meet 2020 was held on 07th of Feb 2020, Friday at the Seminar hall. Alumni meets are intellectually as well as emotionally stimulating. The achievements of the alumni and the college give always a feeling of pride



PHARMACIST'S DAY CELEBRATION

The Indian Pharmaceutical Association (IPA) organizes & conducts various Pharm. related competitions for students in various Pharmacy colleges in Pune.

On 25th of September 2019 on the occasion of World Pharmacist's Day, our college had organized awareness rally in the College campus & Sudumbre Village. During the rally students from our college performed various activities like skits, public speeches based on self medication and superstitions, slogans, etc. All these activities were performed under the supervision of & all teaching staff.

Photo taken during the time of Rally on World Pharmacist's Day



CONVOCATION CEREMONY

As per the reference circular no 119 by SPPU Siddhant College of pharmacy Sudumbare organised Convocation ceremony for the academic year 2018-19 pass out students. There were sixty seven students registered for convocation. Programme start with convocation procession involved include chief guest management, principal, CEO of exam, staff, and students. Program conducted in seminar Hall of Siddhant College of pharmacy. Chief Guest Mr. Raghubir singh retired air commando was the chief guest. He gave an inspiration speech to the student. Awarding degree certificates to the students by chief guest, principal and CEO of the college.



NSS CAMP

We have an active NSS unit at Siddhant college of pharmacy. This year conducted NSS special Winter Camp from 16th January 2020 to 22 January 2020 at the village Kanhe, Pune. Total fifty (50 nos.) NSS volunteers were enrolled for this camp.

All NSS volunteers were divided into various groups and one member from each group was nominated as Group Leader for smooth conduction of various camp activity like baseline village survey, Health checkup camp, Skit play on Drug magics remedy, rally on Swachata Awareness, Tree plantation conducted.



NSS CAMP

POLIO CAMPAIGN UNDER NSS



SPORT EVENT

The inter-college compaction was organized by Siddhant college of pharmacy, where Indoor and outdoor game were scheduled form 12 to 14 February 2020 participated.

The details of this tournament are follows:

Venue	:	Siddhant college of pharmacy
Organised by	:	Siddhant college of pharmacy
Date	:	2 to 14 March 2020
Number of participating team	:	32

INDOOR GAMES (BOYS/ GIRLS)	OUTDOOR GAMES (BOYS/GIRLS)
Carom	Cricket
Badminton	Volleyball
Table Tennis	Kabaddi
Chess	Throw Ball
	Kho-Kho

WINNERS		
Volley Ball	Winner	3 rd Year
Volley Ball	Runner Up	Final Year
Kabbadi	Winner	Final Year
Kabbadi	Runner Up	3 rd Year
Cricket	Winner	Final Year
Cricket	Runner Up	3 rd Year



CULTURAL EVENT

Kalagandh 2020

Siddhant College of Pharmacy celebrates annual cultural days every year. All students of B. Pharmacy & M. Pharmacy actively participated in various cultural events under the cultural program like saree day, Tie day, Bollywood day, Ganga Day, Traditional day, etc. The key objects of the cultural day were to promote culturally diversity & development the creative abilities among the student, extracurricular increase opportunities for social interaction & new relationship development it also teaches students how to work for a common goal & this ultimately develop a sense of responsibility in them. The cultural program was conducted under the guidance of Mrs. Kanchan S. Bhalerao & Mrs. Rani B. Divekar.



TALENT POOL

Articles by Students

कोणती स्त्री वैधव्य मागून घेते. हे तर ज्याचे त्याचे नशीब आहे. पण आपला समाज विधवा बायकांना कोड फुटलेल्या रोग्यांसारखी वागणूक देतो. विधवांना सौभाग्यवती स्त्रियांसारखे कुठलेच अधिकार नसतात अपराध्यांसारखी वागणूक देतात. शुभकार्यात तर तिला डावलेच जाते. जेव्हा एक स्त्री लग्न होऊन येते तेव्हा ती लक्ष्मी असते. मग नवऱ्याच्या पत्न्यात कुलक्ष्मी, अशुभ कशी काय बर होते? पतीचे निधन होणे यात तिचा काय दोष? का तिचे सौभाग्यवतीचे अधिकार काढले जातात? आधीच दुःखी असते त्यात अजून अपमानास्पद वागणूक देता.

अश्या वेळी ह्या अश्या पैखण्डी, ढोंगी समाजात, त्यांच्या शुभ कार्यात न गेलेलेच बर असं वाटत आणि मग आपोआपच ह्या समाजापासून लांब एकटं राहणं जास्त सोयीस्कर वाटत.

एक स्त्री च दुसऱ्यास्त्रीच दुःख समजून घेऊ शकत नसेल तर सगळं व्यर्थ आहे. कारण मला कधीच वाटत नाही कोण त्या पुरुषांचीयासाठी काही हरकत असावी, म्हणून एक स्त्रीच दुसऱ्या स्त्रीची मोठी शत्रू आहे असं वाटत आणि खापर मात्र पुरुषाच्या डोक्यावर फोडलं जात.

थोडंसं मनातलं आणि अनुभवातलं मांडण्याचा प्रयत्न केलाय, पटतं का बघा, आणि किमान माणूस म्हणून तरी विचार करा.

-सोनलखेंगल(Final Year.)

मासकपाळी कमा(न) सकपाळी

पाळीच तीन चार दवसतला अपशंसारख वागवल जात, अशद,अपव , व टाळहणत तच पण व नाकारल जात, इथ शक नको, ह खाऊ नको, मदरात काय दव घरात जाऊ नको! नासल लव चारमनात आणत अध धाहठऊ नको.

पव गोदत गोमला सधामानाच थान दल जात, मगीच पाळीला चका अपवकल जात? **Sanitary napkin** सधा दबया आवाजात मागतला जातो, या त नाहपा पकाह मग कागद कागडाळला जातो?

ढपर पराचा नावाखाली चीकच बनाकल जात! हच असली परष समानता, मग तला कावगळी ठवल जात? मासक पाळी कमा(न) सकपाळी याला काय हणायच? ह बर सटल लव चार घऊन सागा आणखी कती जगायच?

-PradnyaKalekar (Final Yr.B.Parm)

Life of Sweepers

The life of a sweepers is very difficult but our community doesn't respect them properly. These sweepers work in the morning shift and every sweeper has to manage 500m of road- two sweepers have to manage 1km of road and job includes sweeping the area and collecting waste.

They diligently clean roads everyday but citizens have completely failed to follow single rule. In a majority of residential areas and outside shops, there is a problem of illegal parking. They are unable to clean the area for which they are later reprimanded by our superiors. The conservancy workers (sweepers, motor loaders) were also visibly angry with celebrities who land up in their areas for photographs under 'Swachh bharat abhiyan'. They clean the premises daily, but they were never respected. Instead for these photographs they were usually pressurized to clean, the area before the celebrities arrive.

There is less than a handful of citizens who talk with them properly. They were the ones who keep our surroundings clean, but they still are insulted with derogatory names.

- Swapnali Ganpat Nagtilak
S.V. B.Pharm

Independent India or China-Dependent India

The title may offend many of us, but its high time, we realize this is the fact. We must accept that we are so much dependent on chinese or any other foreign products, may it be hardware, software, or any day to day life essentials. But what we don't realize is, such small things makes a very huge difference as a decline in country's economy. Yes, its time for us to stop supporting chinese products and support local -INDIAN products.

We have heard people on social media promoting to delete chinese apps from their mobile phones. Sounds funny for some people thinking How can someone suggest to delete Chinese apps who himself uses a Chinese mobile. No! Its not funny. Today we are dependent on china to an extent where we can point out 8 out of 10 things around us which are Chinese. So does this mean we should throw everything around us that's Chinese? Of course NOT. It is an unrealistic and baseless expectation from anyone.

Educated people nowadays are so unwise that they won't stop buying foreign products but will blame the government for the declining economy. Why don't we realize that a nation's economy is not just made by the GOVERNMENT its also the CITIZENS who are responsible for it. We must understand that one person can make a difference if everyone thinks he can. Essential commodities like food, fertilisers, drugs, etc can be replaced over a time with the local one's but what about hardwares and softwares. In the Covid crises we all have realised that FOOD, SHELTER and CLOTHES are the only basic needs of a human. So why don't we try to replace nonessential foreign products with local ones. Protecting nations, sustaining economy, are these jobs only bound for the soldiers, or government officers? NO! One cannot blame the system or the government for all nation's loss. We as citizens also have some duties towards the nation and we must do our bit.

-Pradnyakalekar(Final yr. B.Pharm))

Fake news has existed since the dawn of the printing press but in the age of internet and social media, it has found a tremendous application. Manipulation of algorithms of social media and search engines—to reach large audiences and mislead news consumers is a global trend now. Fake video clips, news stories with morphed media logos, bots, paid commentators for favorable online reputation (troll farm) have become very common. Governments are using the threat of fake news to clamp down on free speech. Globally, Snopes and in India Social Media Hoax Slayer, Alt News are some forums which expose fake news. Editor of Postcard News (India) was arrested for spreading falsehoods aimed a creating communal discord Laws and Regulation to Curb Fake News in India. Free publication of news flows from Article 19 of the Constitution guaranteeing freedom of speech. News Broadcasters Association (NBA) represents the private television news and current affairs broadcasters. The self-regulatory body probes complaints against electronic media. Indian Broadcast Foundation (IBF) also looks into the complaints against contents aired by channels. Section 66 in The Information Technology Act, 2000: If any person, dishonestly or fraudulently, does any act referred to in section 43 (damage to computer, computer system), he shall be punishable with imprisonment for a term which may extend to three years or with fine which may extend to five lakh rupees or with both India should also seriously emphasize cybersecurity, internet Eucation, fake news education in the academic curriculum at all.

-KarishmaPatole(S.Y.BDharm)

THE CORONA BATCH (Batch 2016-2020)

Yes, maybe that's how we'll be recognized by our friends, juniors, teachers after some years. The batch of Corona Year, who graduated through all ups and downs, be it regarding studies, college events, internals, semester exams, etc. The last semester was like an emotional roller coaster ride, we were happy, joy full, tense, sad, panic, excited, we had it all.

We were unaware of the sudden change in our lives which has turned to be so drastic that even normal living feels abnormal to us. Somewhere we thought it's a pause, somewhere we thought it's a comma, but now we realize it's a full stop. Full stop to the most beautiful phase of college life and beginning of everything new. New people, new world, new opportunities, new responsibilities. We knew it from the beginning that the world out of college is not as forgiving and kind. But we were so imbibed and lost in our happiness of being safe and protected by teachers, guardians, friends, and many of them, that we were least bothered by that mercy less world coming in the future. It felt like someone took away our happiness without a warning, and we realized that life can be so unpredictable.

The decision of exams getting cancelled astonished us whether to be happy or sad. We couldn't figure out to be happy that we have graduated or to be sad that we didn't have THOSE LAST MOMENTS. The only thing that will hurt is, we couldn't experience our LASTS. We didn't even recognize our "LASTS". Our last submissions, last internals, last exams, last goodbyes, last smiling faces. We realize that we didn't look at the classroom last time, we didn't look back to the whole class sitting for the last exams, We didn't realize our last time sitting in front of the blackboard, going to the library, studying in the corridors, eating in the canteen, roaming in the campus, lying in the lawn, all those moments....we didn't even get a chance to recognize them, cherish them. We missed our last practical, signatures on the apron, formal farewell, selfies, group pics, crying and promising while bidding farewell to be in touch. But deep down we all know, being in touch is so different from being together in college. And this is the saddest part we'll be experiencing for life.

It's not about how many moments we had, It's about how much we lived in those moments.

Though it is the end of the most beautiful journey of our lives, we should be thankful for our teachers, friends, roommates, bench partners and our college where we learnt, not just about the books but also the way of living life. So we want to say, Thank you to all the teachers for helping us, guiding us, scolding us, appreciating us, showing us the right path and making us ready to face the world outside. -From students of the BATCH 2016-2020

-Pradnyakalekar(Final yr.B.pharm)

Apps that every Pharm. Professional should have in their Smart

“The adoption rate of mobile is twice that of the internet, three times that of social media, and 10 times faster than PCs

In the scientific field Smart phone are a boon as it provide the information almost of a library at times even more so. In the pharm. field there are various applications that are utilized that help us in order to study, research and explore. It is so helpful that at times the concepts that if aren't understood during the classes and lectures can be learnt over the internet. The applications apart from social networking sites every pharma students must have in their cell phone are:

1. Medscape:- Medscape provides fast and accurate clinical answers at the point-of-care and is the leading medical resource for physicians, medical students, nurses, and other healthcare professionals. Using Medscape Consult, physicians can access a community of more than 250K physicians worldwide to share cases, ask questions, and benefit from their knowledge and diverse experiences. Discuss clinical challenges and crowd source the answers in a 24/7 moderated environment.

2. Pharma Guide MCQs:- Pharma Guide is a basic and clinical Pharmacology book developed by Pharmacist Hassan Dhshan since 2011. This app is helpful for Medical students; for faculty exams and Postgraduate students; for evaluation exams (such as; USMLE, NAPLEX, FPGEE, PEBC, APEC and others)

3. Drugs Dictionary Offline :- Drug Dictionary is a medical hand book that provides all information about drugs used for medication: uses, dosage, how to take, side effects, precautions, drug interactions, missed dose and storage.

4. GMP Regulation References :- eGMP- A handy tool for worldwide Pharmaceutical professionals summarizing global cGMP in one place to help: As a quick reference for professionals on the fly.

- Aid regulatory/corporate QA/Compliance auditors during site audits.
- Tool for GMP Trainers.
- Ease of mobility with GMPs available on phone/tablet.
- Powerful tool during quality, regulatory, patient safety related brainstorming and decision making sessions.
- In accurate quoting of specific GMP sections.
- Promote regular referencing of GMP's thus increasing cGMP awareness.

Article by- Neha Jitendra Wajage

Some facts of human body

- * The only part of the body that has no blood supply is the cornea of the eye. It receives oxygen directly from the air.
- * The human brain has a memory capacity which is the equivalent of more than four terabytes on a hard drive.
- * A newborn child can breathe and swallow at the same time for up to seven months.
- * Your skull is made up of 29 different bones.
- * Nerve impulses sent from the brain move at a speed of 274 km/h.
- * The human heart pumps 182 million litres of blood during the average lifetime.
- * 50,000 cells in your body died and were replaced by new ones while you were reading this sentence.
- * On average, a person needs seven minutes to fall asleep.
- * Right-handed people chew most of their food on the right side of their mouth, whereas left-handed people do so on the left.
- * Only 7% of people are left-handed.
- * 99% of the calcium contained in the human body is in one's teeth.
- * Human lips are hundreds of times more sensitive than the tips of a person's fingers.
- * You can lose 150 calories per hour if you hit your head against the wall.
- * Human beings are the only animals which can draw straight lines. * Human skin is completely replaced about 1,000 times during a person's lifetime. * A person who smokes a pack of cigarettes a day is doing the equivalent of drinking half a cup of tar a year. * Women blink about two times less often than men.
- * People with blue eyes are more sensitive to pain than others.
- * Nerve impulses in the human size to that of a person's fist.
- * An adult's heart weights 220-260 grams. body move at about 90 m/s.
- * 100,000 chemical reactions occur in the human brain every second.

-Aditi Ashok Katore.(S.Y .B.Pharm)

|||सावरले ह्या निसर्गाने|||

पावसाच्या सरीत अश्रंचे वाहन जाणे
मनाचे ही दुःख वाऱ्यात मंद होणे||
आठवणीला तुझ्या त्या विजांच्या कडकडाटाने हरवणे
विचारांच्या ज्वालेला गार वाऱ्याने शांत करणे||
स्वतःला ह्या निसर्गाने शांत करणे
विझलेल्या मनाला ह्या पावसानी पुन्हा शहारे फुटणे||

-विघ्नेश जाधव(T Y B.pharm)

सहज
बोलणारा सहज बोलन जातो
याला कठमाहत असतं
ऐकणाया मनावर शद न शद कोरला जातो, जाणारा सहज नरोप घेऊन जातो
याला कठ माहत असतं
मागेयाचंकुणीतरी रडणारं असतं, वेळ न थांबता नघनुजाते
तला कठमाहत असतं
तयामुळकोणाला तरी फार उशीर होतो, जीव लावणारंकुणी भटेलं
क इतका लळा लागतो
पण या जीवाला कठमाहीत असतं
असंच जीव लावून कुणीतरी खूप र जाणारं असतं.

- SwapnaliGanpatNagtilak

Love without relation

नाते हे लिहण्या पलीकडचे
नाते हे कळण्या अलीकडचे||
प्रमाने भरलेले नाते
काळजीने सारलेले नाते||
नशिबाने मिळण्या सारखे
नातेवाऱ्याच्या वळण्या सारखे नाते||
काही कारणाने अर्धवट राहिलेले नाते
मयादेच्या वळणावर सोडलेले नाते||
गुंतलेल्या जीवाना वेगळे राहायला शिकवणारे नाते
सागरच्या तळासारखे न समजणारे ते नाते||
जिंकून ही न सापडणारे नाते
उसवलेले पण पुन्हा गुंतणारे ते नाते||
नाते हे लिहण्या पलीकडचे
नाते हे कळण्या अलीकडचे||

.....विघ्नेश जाधव(T.Y.B.Pharm)

नवती कधी दुनियादारी
 ची पर्वा
 सगळीकडे नुसता मैत्रीचा
 गरवा ,...!!
 तसे तर सगळे social
 distancing पाळताये
 मात्र online lecture मधून नियमित पणे भेटताये ,...
 होती इथे मजा मस्ती
 सुधर धमाल
 प्रत्येक क्षण इथला होता
 अगदी खास कमाल ,...
 आपल्या SCOP ची
 अदाच न्यारी
 प्रत्येक प्रॉब्लम वर्ती सोलुशन भारी !
 मला पुन्हा कॉलेज ला जगायचय
 स्वप्नातील आयुष्य पुन्हा जगायचय

रोशन वाकचौरै(S.Y B.pharm)

अरे पोरीनो तुम्हाला काय माहित आहे तुमच्या वर किती प्रेम आहे त्या घरच्यांचा ,किती ते झिजले किती ते लाडले .

तुम्हाला नेहमी वाटत असेल की माझा जन्म ह्यात फक्त माझा अधिकार आहे ,कधी विचारले आईला की पोरगी जन्माला येणार तेव्हा किती सासरवास सहन केला तीने , किती ऐकून घेतले ते टोमणे , मग त्याच आईने ओरडून सांगितलेले काही गोष्ट चुकीची असेल असा वाटते का, तिला माहित आहे जग कसं आहे त्यात कसा वावरलं पाहिजे .कधी विचारलं का बापाला की मुलगी झाली तेव्हा किती कष्टाचा वाटा पडला त्याच्या जीवनात , जेव्हा पासून तू झाली होती ना तेव्हा पासून प्रत्येक मुलीला वडिलांच्या नजरेनी आणि बेटी म्हणूनच हाक मारतो , एवढा मोठा बदल म्हणजे विचार करा किती मोठ व्यक्तित्व आहे त्याच तुमच्या साठी तुम्हाला वाटत असलं की माझा भाऊ मला मोकळ सोडत नाही पण एकदा त्याच्या बाजूने विचार करा की का करतो तो असा , त्याला सगळं काही नाही भेटला तरी चालेल पण बहिणी चे चांगल झालेल नेहमी आवडेल तुम्ही ज्या जगात पाऊल टाकणार आहे ना त्या जगण्याची चाचणी किंवा अभ्यास त्याचा झालेला असतो त्याला माहित आहे इथं तुम्हाला कुठं कसं वागवणार आहे, म्हणून तो नेहमी आधीच सावध करत असतो ते त्याचे बंधन नसतात हे लक्षात घ्या , ती एक बजावणी असते .

प्रेम होतं हे खरं पण आता तुम्ही निवडला ना तो मग त्याची पाहणी घरचे करणार की माझी मुलगी त्याच्या सोबत राहिल का नीट ,ती तिथे सुखी राहिल का, खूप प्रश्न असतात हो , त्या आईला हक्क का नाही जीने तुम्हला जन्म दिला की कुठे राहिल माझी मुलगी सुखी? तुम्ही म्हणता हो खूप सहजपणे की मी नाही राहू शकत त्याच्या शिवाय पण एकदा त्या घरच्यांचा विचार करा कि ते कसे राहातील तुझ्या शिवाय का त्यांच नव्हता प्रेम तुमच्या वर .काळजा वर ओझ ठेऊन तुम्हाला परक्या घरी देतो तो भाऊ आणि वडील. एक वेळस आईला ला तेवढ वाटणार नाही कारण ती सोडून आलेली असते एकदा पण ह्या पुरुषांची पहिलच वेळ असती आपला माणूस परक्याला देण्याची . हे लिहण्याचे कारण एकच की जेवढ तूम्ही रडत नाही तुमच्या लग्नात तेवढ तुमच्या घरचे रडतात .तुम्ही जाता हो सासरी ,पण घरात एक ही माणूस नसेल ना तर घर खाल्ल्या सारख होत घर भकास होत आणि ह्या घरात आपल मन रडून हे तुमच्या आठवणीत दिवस काढत

खूप अनमोल गं सीता तुझी इज्जत
 खूप अनमोल गं नारी तुझी इज्जत

त्या तुझ्या इज्जत ला जपण्या साठी राम , लक्ष्मण आणि हनुमान स्वतः अवतरले तुज्या वडील ,
 भाऊ आणि नवऱ्याच्या रूपात ॥

-विघ्नेश जाधव
 (T.Y.B.pharm)

कथा महाराष्ट्राची व्यथा मराठीची

एक होत गाव महाराष्ट्र त्याच नाव गाव खूप छान होत लोक खूप चांगले होते मराठी भाषा बोलत होते त्यांच मन खूप मोठ होत वृत्ती खूप दयाळू होती. दुःखल खुपल तर एकमेकांचा हकेसर्शी धाऊन जायचे ,आल्या गेल्याला संबळून घ्याचे.

महाराष्ट्रात होता एक भाग मुंबई त्याच नाव. मुंबई महाराष्ट्राची शान होती,सर्वांचा आकर्षणाची बाब होती.आजूबाजूचे सगळेच मुंबई साठी धडपडत होते ,इथे आले की इथलेच होऊन राहत होते अथिती देवो भव!या उक्ती नुसार महाराष्ट्राचा लोकांनी सर्वांचं आदरत्थित्या केलं पाहुण्यांचा मान म्हणून मागेल ते देऊ लागले. हळू हळू परिस्थिती बदलू लागली अथिती जास्त आणि यजमान कमी झाले मुंबई कमी पडू लागली, आजूबाजूला पसरू लागली.

आजूबाजूला या भाषेत बोलणारे पाहून मराठी माणसेही खंतवली आपल्याही हे आलच पाहिजे म्हणून याच भाषेत शिकू लागली,शिकवू लागली.आणि मग हळू हळू मराठी कोणीच शिकेना ,मराठी कोणीच बोलेना.बोली भाषा देखील बदलली,सगळ्याचा नुसता काला झाला.शुद्ध,सुंदर मराठीचा लोप झाला.

अश्या या महाराष्ट्रातील छोटा मुलगा आपल्या आई सोबत एकदा वाचनालयात गेला चुकून त्याचा हात एका. पुस्तकावर पडला त्यानं ते उघडल.पुस्तक शहरल पानं फडफडली,आनिदित झाली.त्यांना वाटल चला आज तरी निदान आपल्याला कोणी वाचेल. इतक्यात त्या मुलाने विचारल (त्याचा भाषेत) "मम्मी, कोणत्या भाषेचं पुस्तक आहे ग हे?" मम्मी खूप सजग होती,मुलाचं हीत जाणत होती. सगळ दान पुरवत होती.पुस्तक परत जागेवर ठेवत म्हणाली,"अरे,खूप पूर्वी म्हणजे तुझा आजोबांचा वेळेस मराठी भाषा प्रचलित होती,आता नाही ती कोणी बोलत. पुस्तक कोमेजून गेलं, पान आक्रसली,पाणापाणातून अश्रू ठीबकले, पण हळहळ वाटण्याचं काही कारण नवत,कारण मराठी साठी दुःखी होणार काळीज कोणाचंच उरलं नवत.

-प्रगती उत्तम कड(T.Y B.pharm)

डॉक्टर म्हणून जगताना!

सीमेवर लढाईत मृत्युशय्येवर
जाणाऱ्याला शहिद म्हणतात,
तसंच रुग्णसेवेत गेलोच आम्ही
तर आम्हालाही शहिद म्हंटल जाईल का???
आणि ह्या कोरोना नंतर हा समाज
डॉक्टरांप्रति कृतज्ञ राहिल का???
आमचेही प्राण आहेत
आमचीही मूलं बाळ आहेत
पण कर्तव्याला जगतोयच ना आम्हीही
हे जरा समजन घ्याल का तुम्हीही
फक्त प्रयत्न आमच्या हातात आहेत
हे जाणून आम्हालाही कोणी
मनुष्या प्रमाणे वागविल का???
आणि कोरोना नंतर हा समाज
डॉक्टरांप्रति कृतज्ञ राहिल का???
नको आम्हाला फक्त टाळी
नकोय फक्त तेवती वात,
फक्त एक वचन ह्या आम्हाला
विश्वास ठेवता ना न दिसणाऱ्या देवावर
तशीच ह्याल आम्हाला साथ,
मारून दगडं, फोडून आमची डोकी
सांगा तमचा रुग्ण बेरा होईल का???
आणि कोरोना नंतर तरी समाज
डॉक्टरांप्रति कृतज्ञ राहिल का???
डॉक्टरांप्रति कृतज्ञ राहिल का???

-ऋतुजा पांगारे(S.Y .B.pharm)

Smoking is injurious to health

Tobacco is the biggest enemy of public health today. The effects of tobacco use, as we all know, are destructive and widespread. Tobacco smoke contains approximately 4,000 chemicals in cigarettes, 100s of which are toxic like formaldehyde, ammonia and cadmium. These constituents of cigarettes have a detrimental effect on everything from the body's immunity to the functioning of the organs. Not many know that tobacco is one of the primary causes of cancer and heart attacks. Many youngsters, in both cities and rural areas, are getting addicted to tobacco use in various forms, which, in the long run, can have an adverse effect on health and life of the population.

Smoking not only puts the active smoker in the danger zone of diseases but envelopes the innocent passive smokers too into its fold. It has been scientifically proven that smoking causes cancer and a host of other diseases like emphysema, bronchitis, chronic obstructive pulmonary disease, coronary artery disease, liver cancer, prostate cancer, erectile dysfunction in men, stomach cancer, bladder and kidney cancer, acute myeloid leukemia, cataract, cervical cancer, kidney cancer, pancreatic cancer, periodontitis, pneumonia, oral, buccal, laryngopharyngeal and lung cancer, but somehow even this formidable list does not act as a deterrent for addicted smokers to quit smoking. So think before you smoke.

***By : HARISH MANDIRKAR(T.Y.B.pharm,)**

आपल्या जीवनावर प्रेरणादायक विचार..

या जन्मावर या जीवनावर खूप प्रेम करावे... हो जीवनावरच म्हटलय मी... कारण जीवन हे खूप सुंदर आहे आणि महत्वपूर्ण सुद्धा तुमच्यासाठी आणि तुमच्या प्रियाजनासाठी... जीवनावर काही विशेष विचार या लेखात तुमच्यासाठी... जीवन कोणासाठी थांबत नाही फक्त जीवन जगण्याची कारणे बदलतात..सर्वच प्रश्न सोडवून सुटत नाहीत काही प्रश्न "सोडून" दिले की अपोआप सुटतात.

जीवन म्हणजे काय? कधी स्वतः लाच फोन लाऊन बघा लागणार नाही तो व्यक्ती दाखवेल जगात आपल्याकडे सगळ्यांनी वेळ आहे पण स्वतःसाठी मात्र आपण व्यस्त आहोत.

जीवनात एकदा तरी "वाईट" दिवसांना सामोरे गेल्याशिवाय "चांगल्या" दिवसांची गरज काळात नाही.

जीवनात प्रश्नाची चांदी अशी कि, उत्तरानाच प्रश्न पडावे.... मनालाही समजत नाही मग, रडत बसावे, कि हसत रडावे. जीवन"... चांदन तेच असल तरी रात्र अगदी नवीन आहे...आयुष्य मात्र एकदाच का? हा प्रश्न जरा कठीण आहे...

ठरवल ते प्रत्यक्षत होतेच अस नाही आणि जे होते ते कधी ठरवलेलं असतेच असंही नाही यालाच कदाचित आयुष्य म्हणतात.

-सुजित बंदावणे (T.Y.B.pharm)

Pandemic Situation and Control Measure.

A pneumonia of unknown cause detected in Wuhan, China was first reported to the WHO country office in China on the December 2019. WHO is working on it to analysis data, provide advice, coordinate with partners, help countries prepare, increase supplies and manage expert networks.

The outbreak was declared a Public Health Emergency on 30 January 2020. On 11 February 2020, WHO announced a name for the new corona virus disease: COVID-19

On the basis of alarming levels of spread and severity and alarming level of inaction on march 11, 2020, the Director general of WHO characterized the COVID-19 situation as Pandemic. The WHO Strategic and Technical Advisory Group for Infectious Hazards (STAG-IH) regularly reviews and updates its risk assessment emergency programme

On 22 March, 2020, India observed a 14 hour voluntary public curfew at the instance of the Prime Minister Narendra Modi. The government followed it up with lockdowns in 75 districted where COVID-19 cases had occurred as well as all major cities. Further Prime Minister ordered a Nationwide lockdown for 21 day, affecting the entire 1.3 billion population of the India. On 14 April, this lockdown was extended till 3 may. On 1 May, lockdown across the country was further extended by two more weeks till 17 May and

Neurovirology, National Institute of Mental Health and Neuroscience. Said that upto 50 percent people in India would be infected by COVID-19 by the year end if further relaxations are introduced to lockdown rules after May 31.

To prevent the spread of COVID-19, some precautions-

1. Clean your hands often. Use soap and water, or an alcohol-based hand rub
2. Maintain a safe distance from anyone who is coughing and sneezing.
3. Don't touch your eyes, nose or mouth.
4. Stay home if you feel unwell.
5. Follow the direction of your local health authority.

-Neha Jitendra Wajage (s.Yb.pharm)

Articles By Teacher's

Pandemics are not endemic

The nature unfurl the warning sign
The world is busy in its artificial design
Looking at their books boast the academic
That pandemics are not endemic

We reached the moon so high in the blue
Plundered the earthly treasures without paying the due
Looking at their gold boast the economic
That pandemics are not endemic

The creator and created talk daily like a show
The paradises is waiting with signboard for tourist to
overflow
Looking at their bows and chants boast the epistemic
That pandemics are not endemic

There is no place in world of fools
For the wisdom is burn like witch fuels
Looking at flame so tall boast the anaemic
That pandemics are not endemic

**Dr. Rahuk K. Dumbre
Principal,**

“You Have To Choose”

Talk to the nature When you are mournful You always
have to be fresh You have to choose...

Talk to blooming flowers Will leer at you, You should
always smile. You have to choose...

Talk to the grumpy rain Will give water to you Water is a
need of life You have to choose...

Talk to the rising sun It's a symbol of success for you.
People gleam with the reason of success. You have to
choose...

Talk to the flowing water Heart touching place for you
Leave all your problems behind You have to choose...

Talk to the colourful rainbow The symbol of colourful life
It is required for your existence You have to choose...

Dr.Swati Deshmukh

Career Opportunities in Abroad Pharmacy Profession: An informative note

Today's the pharmacy profession has strived hard to attract the young talent and in the country like India, it has become one of the best professional courses. Pharmacy offers the resources, opportunities and flexibility needed to balance a successful healthcare career with a satisfying personal life. Pharmacy offers lifelong learning continued education, gives its practitioners the opportunity to make professional development part of the job. Pharmacy graduates can expect to get on the fast track in one of the most dynamic industries in health care. Pharmacists enjoy a prestigious job in a field that increasingly relies upon their skills and expertise. Pharmacy graduates are offered many opportunities and learn wide variety of things, but educating patients about their medication.

Indian Pharmacy Graduates' Association (IPGA)

It was established in the year 1973. The Association is registered as a society under the Societies Registration act 1860. The Association is affiliated to Indian Pharmaceutical Congress Association (IPCA), the Federal Body of the Five Associations Namely IPGA, IPA, IHPA, APTI and AIDCOC. IPGA Has Got the Income Tax Exemption under Section 80G (5) (VI) Of the Income Tax Act—1961. Students who are pursuing 4 years degree course in pharmacy can become associate Life member of Indian Pharmacy Graduates' Association by paying Rs. 2100/- as one time life membership fees by way of demand draft in favor of "IPGA, NEW DELHI"

Multistate Pharmacy Jurisprudence Examination (MPJE)

The computer-adaptive MPJE combines federal- and state- specific law questions to serve as the state law examination in participating jurisdictions. The MPJE is based on a national blueprint of pharmacy jurisprudence competencies. It consists of 90 multiple-choice test questions. Out of these, 60 questions are used to calculate the test score. The remaining 30 items serve as pretest questions, and do not affect the MPJE score.

Spirituality is the science

Many of us have explained Spirituality in our own ways. Although this pursuit is very individual (i.e., we all have our own personal definition of Spirituality), it is collective in spirit. This is because Spirituality in people's minds is synonymous with a search for meaning, for purpose and direction in life. People get attracted to Spirituality and embark on their spiritual journeys for different reasons.

Spirituality, thus, deals with understanding the nature of the Soul and one's journey back to identifying with the Soul and experiencing it as one's true nature. Spirituality is the expansive science about how to be peaceful.



The scope of the science of Spirituality is huge and also embraces answers to found out the questions such as, 'who am I', 'where did I come from', 'what is the purpose of life', 'where will I go after death', etc.

One of the main reasons we experience unhappiness is due to problems in life. Everyone knows about the physical and psychological causes of problems in life. However, what many of us do not know is that problems that are physical or psychological in nature. Through spiritual research, we have found that over 50% of the problems that a person faces in life are due to spiritual reasons. All major life events such as marriage, good and bad relationships, serious accidents and major illnesses frustration due to achievements Different wishes in life to become completion, Competition, Comparison and are mostly due to one's destiny.

Spirituality is Practical science-Simple theory apart from giving direction to an individual, unless it is put into practice can never be experienced. It remains as just intellectual spiritual concepts to a person. Only when one puts that knowledge into practice, does one get spiritual experiences or the experience of Spirituality. There are different Path to explore the spirituality

Bhaktiyoga – The Path of Devotion, *Karmakand* – The Path of Sacred Worship, *Karmayoga* – The Path of Action (i.e. to have no expectation of fruit from an action which is performed), *Dhyanyoga* – The Path of Meditation, *Dnyanyoga* – The Path of Knowledge (Receiving knowledge pertaining to the Soul through Holy texts or in the subtle) *Kundaliniyoga* – The Path of Spiritual Energy.

This article to bring clarity about Spirituality to spiritual candidates like you so you can meet your spiritual goals.

From
Mrs. Warude Bhagyashri Jitendra.
Assistant Professor
(Pharmaceutical Chemistry Department)

स्पर्धा

हिंदु संस्कृतीप्रमाणे एकुण चार युग आहेत. सत्य युग, त्रेता युग, द्वापार युग आणि कलियुग. संध्या आपण कलियुगात वावरत आहोत. परंतु आजच्या या धावपळीच्या जगाला पाहता या युगाला कलियुग म्हणावे की स्पर्धेचे युग म्हणावे हा प्रश्न पडतो. लहानपणी जन्माला आलो तेव्हा शेजारच्या काकू आल्या आणि मला पाहून म्हणाल्या की बाळ छान दिसतोय पण त्या माधवीच्या पोरापेक्षा ह्याचं नाक थोडे चपटं आहे... मला प्रश्न पडला की काकूंनी माझे नाक आणि माधवी काकूच्या मुलाचे नाक मोजून पाहिले की काय पट्टीने...? नंतर हळूहळू मोठा होऊ लागलो तसे लोक मला पाहून माझ्या मोठ्या भावंडासोबत तुलना करू लागले, शाळेमध्ये गेलो तर मला मी कोणत्या विश्वात आलो तेच सुचेनासे झाले... शाळेत अभ्यासामध्ये स्पर्धा, सगळीकडे मला स्पर्धाच जाणवू लागली. पी.टी.च्या तासाला धावण्याची स्पर्धा, शिक्षकांचा मार खाण्यात स्पर्धा, सगळीकडे मला स्पर्धाच जाणवू लागली. तेव्हा लक्षात आले की ही स्पर्धा जिंकण्या किंवा हरण्यासाठी नसतेच, स्पर्धा असते ते स्वताच सामर्थ्य ओळखण्यासाठी ; स्पर्धेमध्ये हरलो तर त्याला खिलाडूवृत्तीने स्विकारता आले पाहिजे ! त्यामधून काहीतरी शिकून पुन्हा उभे राहता आले पाहिजे... टिपटिपल्या डोळ्यांनी जग पाहात होतो, सवय होती रोज बातम्या आणि वर्तमानपत्र पाहायची तर कानावर एक बातमी पडली.. "पुलवामा हल्ल्यात चाळिस जवानांचा मृत्यू" बातमी कानावर पडताच डोळे वटारले गेले, कानाचा पडदा तिक्ष्ण होऊन ऐकू लागला, विचारचक्र फिरू लागले. का...? का...? असा प्रश्न डोक्यात घुमू लागला. का हे अतिरेकी असा हमला सैन्यावर करतात...? का हे अतिरेकी समाजातील सामान्य लोकांना मारतात...? का हे निष्पाप लोकांचे बळी घेतात...? मन सुन्न झाले होते, पापण्या पाण्याने भरल्या होत्या, डोके विचारात दुंबले होते तर उत्तर एकच मिळाले ते म्हणजे "स्पर्धा" आज जगातील प्रत्येक देश महासत्ता होण्याचे स्वप्न पाहात आहे. दोन जागतिक महायुद्ध झाल्यानंतर आता ते शितयुद्ध, दहशतवाद, सायबर युद्ध, जैविक युद्ध या हत्यारांचा वापर करून एकमेकांना हरवू पाहत आहेत... आज प्रत्येक देश व्यापारामध्ये स्पर्धा करू पाहात आहे, त्यांना सगळ्या जगाची बाजारपेठ काबिज करायची आहे आणि काही देश तर आपल्या देशातील लोकांचे पोट पण भरू शकत नाहीत ; पण शेजारील सुखी, समृद्ध देशांना अणुबॉम्बची धमकी देत आहेत. जगातील काही देश या स्पर्धेमध्ये विजयी होण्यासाठी कोणत्याही पातळीवर घसरू लागले आहेत. प्रेमाने सगळे जग जिंकता येते असे म्हणतात... मग ह्यामध्ये का स्पर्धा होत नाही...? का इतर राष्ट्र जगामध्ये शांतता, प्रेम आणि मानवतावाद यासाठी स्पर्धा करत नाही...? लोकांचे बळी घेऊन कदाचित तुम्ही जिंकूही शकताल ; पण लोकांच्या मनात तुम्ही कधीच आपले स्थान निर्माण नाही ना करू शकत... तर का तुम्ही या जगाला प्रेमाने जिंकण्याचा प्रयत्न नाही करत...? आज जगाला गरज आहे ती शांततेची, सहिष्णुतेची, बंधू-भावनेची! का सगळे मिळून आप-आपल्या प्रांतामध्ये सुलभतेने नांदू नाही शकत...? का प्रत्येक ठिकाणी निर्संगाचा असा प्रकोप झाला आहे...? मानवतेला लाथ मारून प्रत्येकाच्या मनात आता राक्षस जन्माला आला आहे...!!!

दिपाली गायकवाड

Evil Force easily Contaminates the good ones!

Is there any divine drop that that can convert a cup of poison
into a sweet Nector ?

I guess , the law of nature as well as advanced nano -chemical
equations would definitively make this feasible . That day , on this planet ,
all evil forces will instantly vanish and only goodness will prevail !

Now . . . if your mind is akin to contaminated milk !

For many individuals powerful cleansing energy
come instantaneously from within. That is their day of enlightenment.
You do not require a sophisticated lab to synthesize the rectifying chemicals.

It is right there inside the cerebral cortex.

These thoughts are chemicals in dynamic flow , across the ionic channels ,
constantly synthesized and removed according to your wish .

By : Ms. Payal A. Pansare

**Foreign Pharmacy Graduate Equivalency Examination (FPGEE) and
Foreign Pharmacy Graduate Examina- tion Committee (FPGEC
Certification)**

. Candidates are required to pass the Foreign Pharmacy Graduate
Equivalency Examination (FPGEE) as part of the FPGEC
Certification process. The FPGEE is based on a nationally uniform
content blueprint and is developed, ad- ministered, and scored under
policies and procedures de- veloped by the NABP Advisory
Committee on Examina- tions and approved by the NABP Executive
Committee. The content of the FPGEE is created by practitioners and
educators from around the country through their service as
Examination Review Committee members and item writers. The
FPGEE is administered twice each year at Pearson VUE test sites
throughout the continental United States. The FPGEC Certification
Program is accepted by 50 state boards of pharmacy as a means of
documenting the educa- tional equivalency of a candidate's foreign
pharmacy edu- cation and licensure and/or registration to practice
phar- macy. Foreign-educated pharmacists awarded FPGEC Cer-
tification is considered to have partially fulfilled eligibility
requirements for licensure in those states that accept the Certification.

The Graduate Management Admission Test (GMAT)

It is a test for determining aptitude to succeed academica-
lly in graduate business studies. The test is used as one of the
selection criteria by most respected business schools glob- ally, most
commonly for admission into an MBA program.

Ms.Divekar Rani B. A

फॅमिली(कुटुंब)

विविधतेने नटलेला माझा भारत हा देश आणि या भारत देशाची शान वाढवणारा माझा महाराष्ट्र.साधु संतांच्या पदस्पर्शाने पावन झालेला माझा महाराष्ट्र.हा कायमचा सर्वांसाठी एक आदर्श ठरला आहे.भक्ती आणि शक्ती याचा सुरेख संगम म्हणजे माझा महाराष्ट्र. या महाराष्ट्रामध्ये कित्येक साधुसंतांनी जन्म घेतला आणि आपल्या उपदेशाने समाजात व्यापकता निर्माण केली."हे विश्वची माझे घर"असे म्हणणाऱ्या संतांच्या वाणीतून त्यांच्या विचारांची व्यापकता आपणांस दिसून येते.

आतां विश्वात्मके देवे। येणे वाग्यज्ञे तोषावे।
तोषावे नि मज द्यावे। पसायदान हे ॥

आपल्या पसायदानामधुन संत ज्ञानेश्वरांनी सर्व समाजाचा हितासाठी देवाकडे मागणे मागितले आहे.अशा या साधुसंतांनी कायमच आपल्या समाजाच्या भल्यासाठी प्रयत्न केले आहेत.अशा या साधुसंतांचे विचार आपणांस खरेच समजले आहेत का? ते आपल्या आचरणात आले आहेत का? हा प्रश्न सध्या पडतो.पुर्वी समाज्यामध्ये एकत्र कुटुंब पद्धती होती.सर्व लोक एका घरामध्ये,एक विचाराने आनंदाने राहत होते नंतर समाजिक गरजेनुसार किंवा काळाच्या गरजेनुसार विभक्त कुटुंब पद्धती निर्माण झाली.....नाही नाही मला कोणती कुटुंब पद्धती चांगली होती यावर अजिबात बोलायचे नाही.....मला बोलायचे ते कुटुंबावर.

आजच्या विभक्त कुटुंबामध्ये आई वडिल आणि त्यांचा एक किंवा दोन मुले असतात.तसे म्हणले तर घरात फक्त ३-४ सदस्य असतात.प्रांक्टीकली विचार केला तर किती सोपे ना कि काही गडबड गोंधळ नाही.एकमेकांना समजून घेणे आणि आनंदाने राहाणे किती सोपे आहे.पण खरचं अशी परिस्थिती आहे.....?

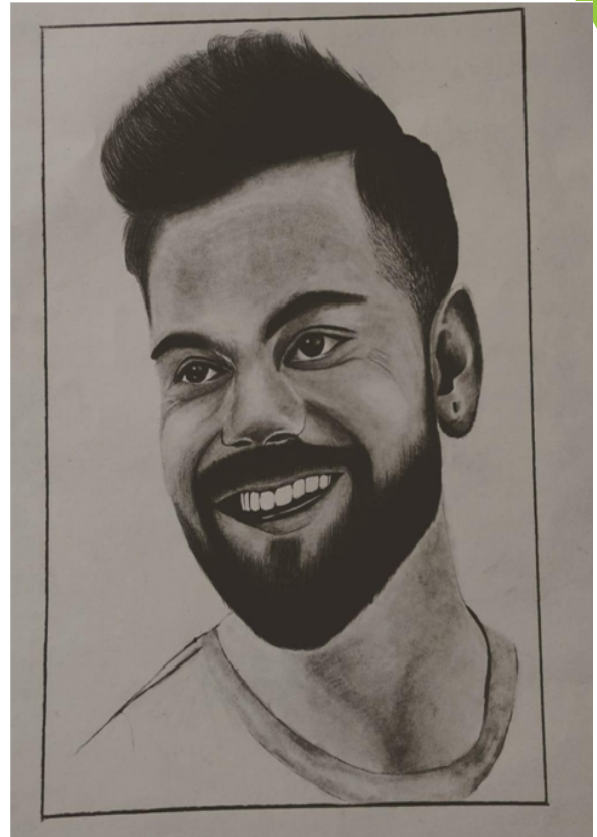
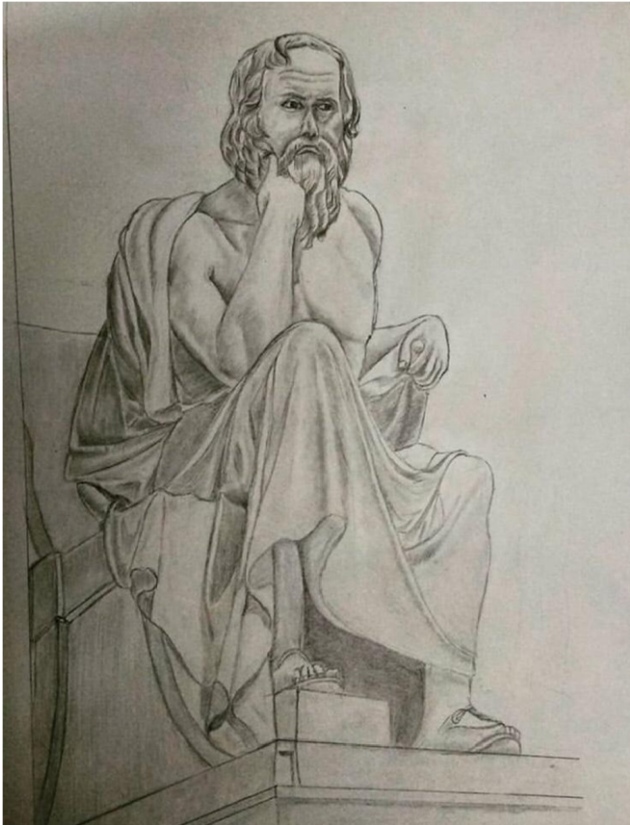
आई वडिल त्यांच्य मुलांच्या उज्ज्वल भविष्यासाठी जॉब किंवा Business संभाळतात.सकाळी उठल्यापासुन ते रात्री झोपेपर्यंत त्यांच्या डोक्यात फक्त आज काय काम आहे कोणत्या मिटिंग्स आहेत काय प्रिपेरेशन करायच्या एवढाच विचार असतो.आपल्या कामामध्ये ते इतके व्यस्त असतात कि कदाचित त्यांना आपण कशासाठी इतके काम करतोय,त्याचेही भान राहत नाही.

आपण विश्वची माझे घर म्हणुं, पण जर आपले घर आपले कुटुंब यांच्याच सुख दुःखाची आपणास जाणिव नसेल तर आपण जगाची माहीती ठेवुन काय करणार आहोत...? आज घरातील ४ सदस्य एकत्र रात्री जेवु शकत नसतील, एकत्र आपले सुख दुःख शेअर करु शकत नसतील एकमेकांना समजु शकत नसतील तर त्या घराला कुटुंब म्हणावै का...?

विश्वाच्या कोणत्याही कोपऱ्यात असणाऱ्या व्यक्तीशी आपण कनेक्ट राहताना आपल्या घरातील व्यक्तीशी कनेक्शन तुटत तर नाही ना...?मुलांच्य भविष्यासाठी तरतुद करताना त्यांचा वर्तमानकाळ तर आपल्यासोबत हरवत नाहीना...?ऑफिसमधल्या आपल्या ४०-५० सहकाऱ्यांना समजुन घेत असताना आपल्या मुलांना तर समजुन घेण्यात आपण कमी पडत नाही ना....?क्लार्कट मिटींगसाठी डिनरला जाताना आपल्या कुटुंबासमवेत तर जेवायचा आपण गमवत नाही ना...?

घराच्या चार भिंती मध्ये राहणारे सदस्य म्हणजे कुटुंब नसते तर त्या राहणाऱ्या सदस्यांचा मनात एकमेकांबद्दल कसलिही भिंत नसणे यालाच कदाचित कुटुंब म्हणतात.....

-Ms. Swati Kale.



Roshan Wakchoure



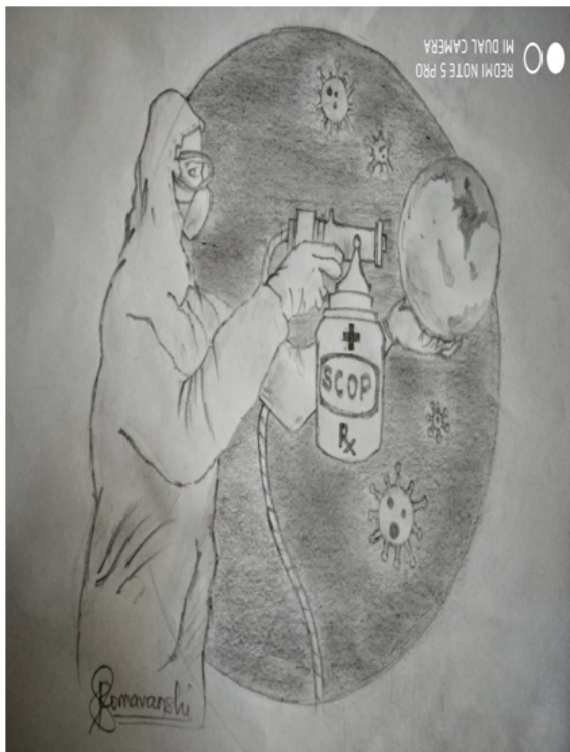
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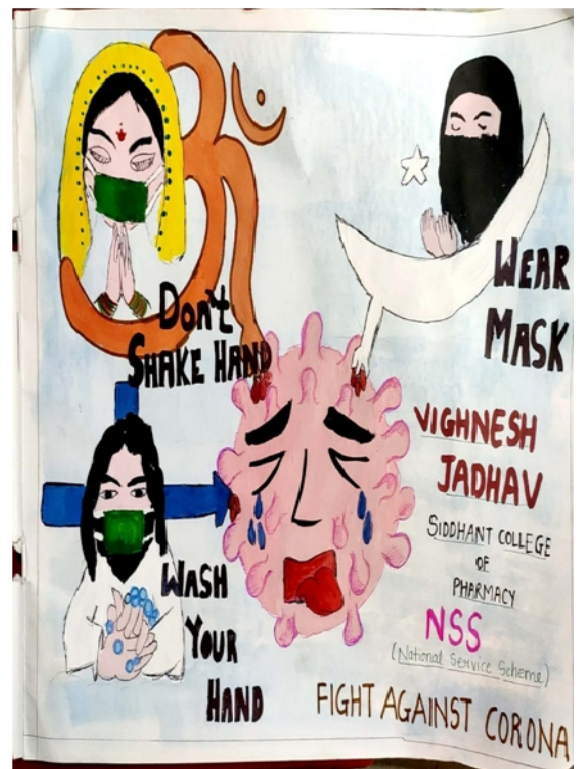
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Aditi Katore



Rutik Somvanshi

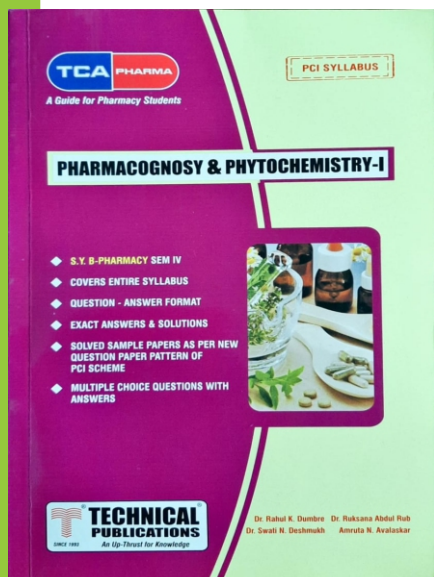


Vighnesh Jadhav

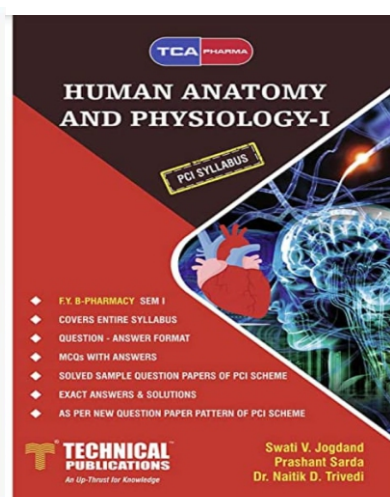
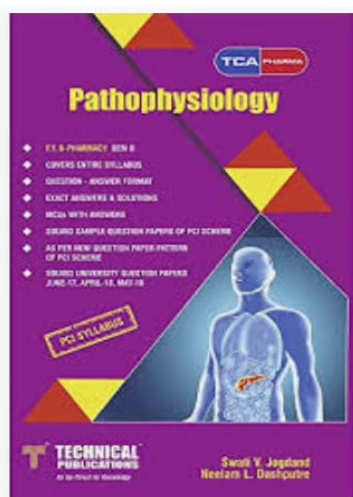
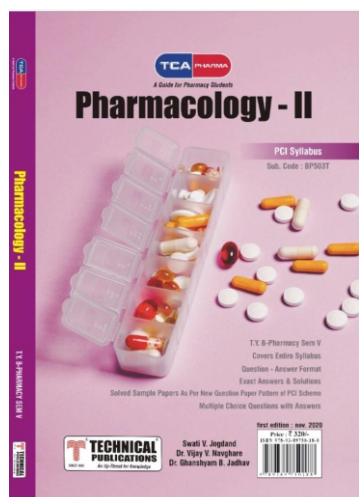
1) Dr. Rahul K. Dumbre is presently working at Siddhant college of pharmacy Sudumbare, Pune as Principal. He did his Ph.D. in Pharmaceutical Science from North Maharashtra University, Jalgaon. M.Pharmacy (Pharmacognosy) from BVS Poona College of Pharmacy Pune & B Pharmacy from PDEA's Seth Govind Raghunath Sable college of Pharmacy Saswad Pune. He holds 18 years of teaching, 3.5 years of research experience. He got Grants & funding from CSIR, DBTE & AICTE for various research Projects. He is Consultant in Herbal research for Citron Life Science Pvt. Ltd. He has a total 9 publications in International Journal.

2) Dr. Swati N. Deshmukh is presently working at Siddhant college of Pharmacy, Sudumbare Pune as Asst. Professor (Pharmacognosy) and HOD (UG Dept). She did her Ph.D. in Pharmaceutical Sciences from Jaipur

National University, Jaipur Rajasthan. She holds 12 yrs of total experience in both teaching and Industry. She is an approved Analytical Chemist which is certified by FDA (M.P). She is a life member of the Association of Pharmacy Teachers of India (APTI), Indian Journal of Natural Product and a Reviewer for MIT International Journal of Pharmaceutical Sciences (MITIJS). She is also a Registered Pharmacist of Madhya Pradesh Pharmacy Council. She was awarded as JRF at JNCH & RC Bhopal (M.P) and best Poster in UGC sponsored National symposium, Mumbai, (MH). She has published 15 international paper and 1 national paper



Books Published By Mrs. Swati Jogdand



Pharma Promotion Activities

Siddhant college of Pharmacy has conceptualized a distinctive Initiative to instill awareness among the students & aspirants of pharmacy education. Pharmacy profession has been inseparable pillar of healthcare industry across the globe. So in order to attract the talent to this profession

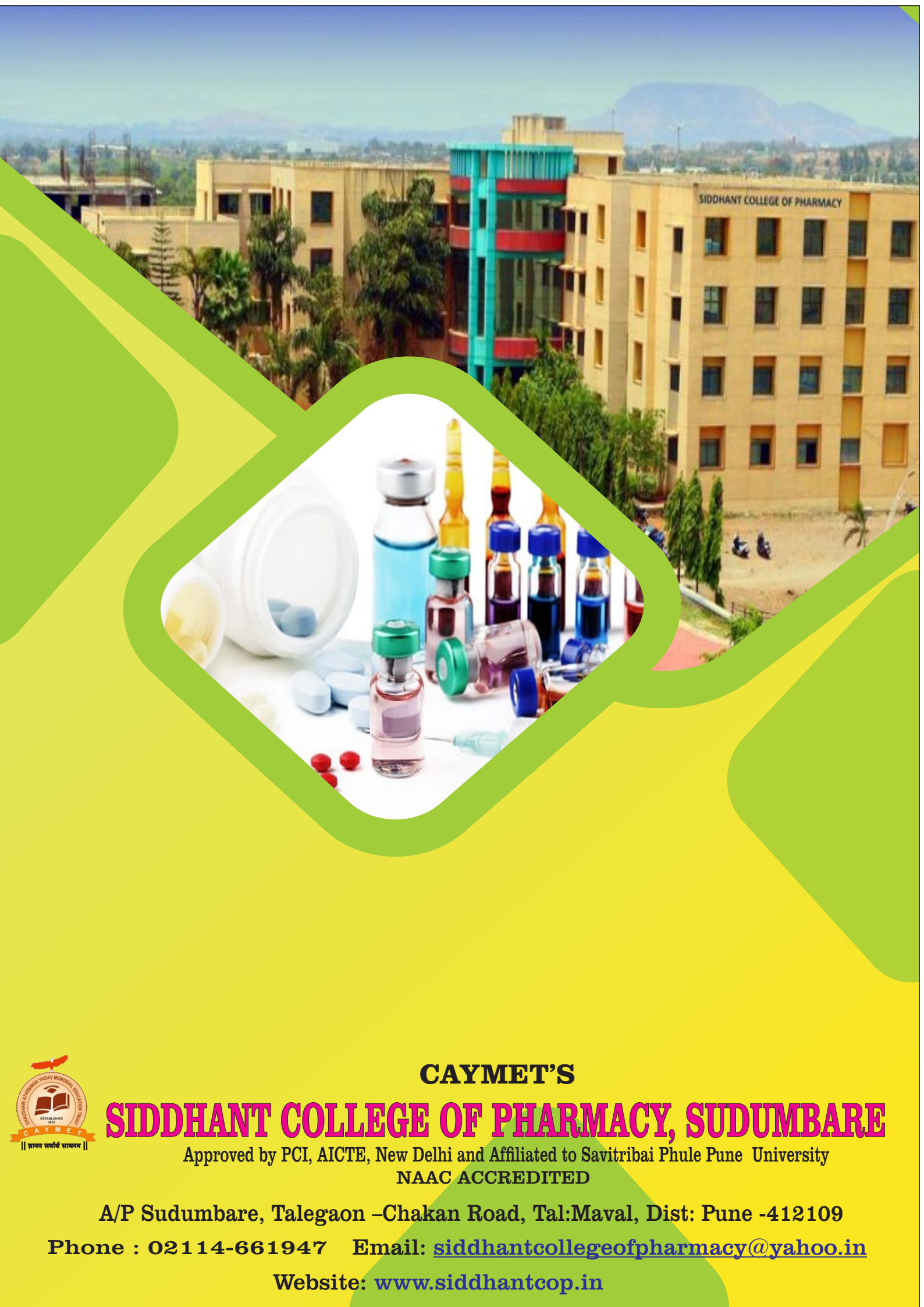
Siddhant college has been working tirelessly & dedicatedly. The Pharma Promotion Committee organizes seminars for the students pursuing higher secondary education, which enables them to get scientific & rational information about Pharmacy education & opportunities ahead.

In addition College participates in maximum no. of events which are organized to spread guidance & awareness regarding career opportunities to the society. Siddhant College has been regular participant of such programs. In the past Siddhant college has actively participated in **LOKMAT ASPIRE EDUCATION FAIR & SAKAL VIDYA EDUCATION EXPO** held at Auto cluster Exhibition Center, Near science Park. These events were quite successful in reaching out to the masses & spreading the information of almost all career opportunities to the aspirant students under one roof. In the same line such grand & extravagant career fair was organized by local MLA of Maval Constituency Mr. Bala Alias Sanjay Bhegade at Talegaon Dabhade at Nathubhau Bhegade School Ground. The event was very successful as maximum schools & colleges in the tehsil took their students to this fair. A gigantic **job fair** was also organized at Deccan College Ground Pune in May, 2014 which witnessed mammoth crowd of more than ten thousand job aspirants.



Pharma promotion committee visit to Beed





CAYMET'S

SIDDHANT COLLEGE OF PHARMACY, SUDUMBARE

Approved by PCI, AICTE, New Delhi and Affiliated to Savitribai Phule Pune University
NAAC ACCREDITED

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